



# Maple Manor Swim & Dive Weekly Happenings

Week 8: July 16-July 22

Visit us online at [maplemanorswimclub.org](http://maplemanorswimclub.org)

## This week's schedule...

**Monday, July 16<sup>th</sup>** Morning Pre-team Practice  
Morning Swim Practice  
Morning Dive Practice

**Tuesday, July 17<sup>th</sup>** Morning Swim Practice  
Morning Dive Practice  
**Home Swim Meet vs. ManorLu**  
**\*\* Senior Recognition \*\***

**Wednesday, July 18<sup>th</sup>** Morning Pre-team Practice  
Morning Swim Practice  
**Dive-a-Thon @ Sunny Willow 8-11am**  
**Mini-Meet @ Fort Washington 9-11:30am**

**Thursday, July 19<sup>th</sup>** **Deadline to sign-out of Champs**  
Morning Pre-team Practice  
Morning Swim Practice  
Morning Dive Practice

**Friday, July 20<sup>th</sup>** Combined Morning Swim 7:30-9am for all swimmers ages 11-18

NO Diving Practice  
**Team Day Events 9:30-11:30am**  
**Ice Cream Social 11:30am**

### Morning Swim Practice

7:00 AM-8:30 High School  
8:30 AM-10:00 11 and up  
9:45 AM-11:00 10 and under  
10:45 AM-11:45 8 and under  
11:30 AM-12:15 Pre-team

### Dive Practice

8:30AM-10:45 All Ages Divers

## Friday, July 20<sup>th</sup> Team Day



**9:30-11:30am is Team Day** is a 'Field Day' style event is a big hit with everyone on the team. The team is grouped into two teams (the White team and the Green team) and move through stations competing in fun events in and out of the water.

Please **SIGN-OUT** on the Team Snap app, if your child cannot attend.

## Ice Cream Social

following Team Day events

**Ice Cream Social** is held at the conclusion of Team Day. Swim team provides the ice cream, swimmers are asked to donate the toppings. This buffet style ice cream party is a big hit among swimmers.

## Here is the SignUp Link for Team Day & Ice Cream Social

<https://www.signupgenius.com/go/20f0c4cabaf22a20-team>

## Get your WAWA SHORTI HOAGIE VOUCHERS!

**\$4 per voucher**

Contact Suzanne at [netterfamily@hotmail.com](mailto:netterfamily@hotmail.com) to get your vouchers. Cash or check accepted.



- Vouchers are good for any Shorti Hoagie at ANY Wawa location.
- Vouchers never expire!
- Great for lunch and dinner. Or give as gifts, party favors, Stocking stuffers, party favors, etc.

## Dive-A-Thon at Sunny Willow Wednesday, July 18<sup>th</sup> 8-11am

We are having the third annual dive-a-thon for Relay for Life! Sunny Willow has kindly offered their pool to host this meet. It is on **July 18<sup>th</sup>, warm ups start at 7 am and the meet will start at 8:30 am.**

There will be individual events and synchronized events. Diver entrance fee is \$10. Participants will be able to ask friends and family for pledges or donations that will go to their respective team. Maple Manor will be collecting pledges and donations for American Cancer Society / Relay for Life.

If you have any questions contact Coach Ana at [mmdivecoach@gmail.com](mailto:mmdivecoach@gmail.com).



## Mini-Meet at Fort Washington Wednesday, July 18<sup>th</sup> 9-11:30am

This fun, friendly meet is just between Fort Washington and Maple Manor swimmers. It is **for swimmers 10 years and younger including Pre-Teamers**. All swimmers are able to swim all four strokes and IM. Usually only the more experienced swimmers try the IM. It is a great opportunity for them to try it, since it is not a stroke they are able to swim in a regular meet.

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## Team Banquet & Snake Cake

This event wraps up the regular season. It is a catered evening event. Swimmers and divers are celebrated and awards are presented. This event is for swimmers, divers and their families. This is a good time for swimmers to thank their coaches. You can choose to thank the coaches however you feel best, but even a simple note or 'thank you' is appreciated.

**A sign up sheet will be posted this week on the team bulletin board for THE SNAKE CAKE!** Please bring FROZEN cakes on Sunday the day before the banquet, and/or desserts the day of the banquet. For the many newbies... this is what the Bundt cakes get transformed into.

While the banquet dinner is catered, all drinks and desserts are provided by team families. Here is a **Sign-Up Genius link** for volunteers, desserts and drinks.

<https://www.signupgenius.com/go/20f0c4cabaf22a20-endofseason>



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## PICTURES

John Davis has been busy clicking **thousands** of pics at our swim meets! Check them out on the Club's Facebook site. Here is a link...

<https://www.facebook.com/groups/198632713516902/>

**Thanks John!**



## Looking Ahead...

**Monday, July 23<sup>rd</sup>** Morning Pre-team Practice  
Morning Swim Practice  
Morning Dive Practice  
**6pm Team Banquet**

**Tuesday, July 24<sup>th</sup>** Morning Swim Practice  
Morning Dive Practice

**Wednesday, July 25<sup>th</sup>** Morning Pre-team Practice  
Morning Swim Practice  
Morning Dive Practice  
**B Champs @ Sunny Willow**

**Thursday, July 26<sup>th</sup>** Morning Swim Practice  
Morning Dive Practice

**Friday, July 27<sup>th</sup>** Morning Swim Practice  
**A & B Diving Champs at Hideaway**

**Saturday, July 28<sup>th</sup>** **A Champs @ Fort Washington**

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## Contact Info...

### Coach Brandon (Head Coach)

Email: bp91300@gmail.com

cell: 513-312-2941

### Coach Ana Cubit (Head Dive Coach)

Email: : mmdivecoach@gmail.com

cell: 267-664-4514

### Suzanne Netter (Team Manager)

Email: netterfamily@hotmail.com

Cell: 267-218-6252

### Bea Cubit (Team Manager)

Email: bea62@verizon.net

Cell: 610-724-9486

